

DEFENSIVE TACTICS INSTRUCTOR COURSE

CJSTC COURSE #802

80 Hours

September 14 – 25, 2026

8am – 5pm | M - F

Mandatory Retraining Only

VOLUSIA
★★★★★★★★★★★★
SHERIFF
MICHAEL J. CHITWOOD

COURSE: This course will prepare instructor students to obtain FDLE certification as a High Liability Instructor in Defensive Tactics and instruct the CMS Criminal Justice Defensive Tactics Course in the Florida Basic Recruit Academy or agency in-service training. Students must attend the entire course.

STUDENTS SHOULD BRING: Note taking materials, textbook will be provided by The Academy. Please **BRING** a **Duty belt with handcuffs**.

ATTIRE: BDU style long pants with belt loops, tennis shoes, multiple t-shirts, clean towel daily, socks, and hydrating beverages. A mouthpiece and groin protection are recommended. Please note that shorts are NOT permitted.

**** NOTE:** This competency-based course may be completed in less than 80 hours if all objectives, content, exercises, testing, and examinations are satisfied. Students must achieve a minimum score of 85% on the written exam and demonstrate 100% proficiency in all defensive tactics skills as required by CJSTC rules. No remediation is permitted for the written exam or proficiency demonstrations. ***

ITEMS NOT ALLOWED:

- No Firearms or Live ammo
- No Live Tasers
- No Live OC spray

LEAD INSTRUCTOR: Deputy Pedro Palmier

TO REGISTER: All training requests must first be submitted through your Chain of Command for approval. If you are submitting from an outside agency, you must complete and submit the **Outside Agency Training Authorization Form**. Then email the Authorization form to BRose@volusiasheriff.gov.

***** Defensive Tactics training involves physical contact and realistic scenarios that may result in minor bumps or bruises if safety rules are not followed. Students should expect rigorous physical activity, close partner interaction, and must remain alert and compliant with all safety instructions to prevent injury.**

LOCATION:

Volusia Sheriff's Office
Training Academy
3901 Tiger Bay Rd.
Daytona Beach, FL 32124

DATES:

September 14 – 25, 2026
8AM – 5 PM | M – F

COST:

This Training Course
is CJSTC Trust Funded
Region VII Officers have
first seating priority

REQUIREMENTS:

Students must attend all
sessions of the course.

***** Must be certified Law
Enforcement for at least 3 years to
activate. *****

VSO TA #2026-004-01

QUESTIONS

CONTACT Bianca Rose
(386) 239-6522 EXT. 11083 BRose@volusiasheriff.gov

LESSON ATTACHMENT: DEFENSIVE TACTICS TRAINING SAFETY RULES

Defensive Tactics Training Safety Rules

1. All pre-existing injuries and medical conditions must be reported to the lead instructor before beginning defensive tactics training.
2. All injuries received during defensive tactics training must be reported immediately to the lead instructor.
3. Cover all open wounds before class begins each day.
4. No jewelry or watches will be worn during defensive tactics training.
5. No chewing gum, hard candy, throat drops, or other loose items will be permitted to be in the mouth during defensive tactics training.
6. All fingernails must be trimmed and kept even with the fingertips to avoid scratches and other injury.
7. When an instructor says stop or the designated signal to stop is given (e.g., whistle), all activity is to stop immediately.
8. No talking is allowed during instruction.
9. Do not practice a technique until after receiving class instruction on it first.
10. Horseplay will not be tolerated!

Any violation of the above rules may result in the recruit's dismissal from defensive tactics training.